

MAY 2021

# PODIUM

THE MAGAZINE FOR PARENTS OF SUPERACHIEVER KIDS

— SPECIALS —  
CONTEST  
ANNOUNCEMENT,  
DETAILS INSIDE

ART AND ITS  
DIFFERENT  
FORMS

PRINTABLE  
WORKSHEETS  
FOR 3-13 YRS

MAGIC OF  
WESTERN MUSIC

FACULTY SHOWCASE



**SARA G**  
**FROM MUMBAI**

# PODIUM

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ACTION !



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IMAGINATION & MORE



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PODIUM PRIME MEMBERS)



# FROM THE EDITOR'S DESK

**"Learn continually.**

**There is always 'one more thing' to learn!"**

**— Steve Jobs**

Hello and welcome to the May edition of the Podium Magazine. Every month we try to bring to you an assortment of insights, offerings, and content. Hope you like this month's effort and continue to give us feedback on how we can do this better next month, and every month thereafter.

This edition's cover story is all about Western Music, its origins, and the kind of learning that emanates from this beautiful world. We also have features on different Art forms and how Dance and Zumba come together to make for a fun Dancercise session, which is healthy for all.

An exciting competition awaits you inside, and so does our coverage of prominent entrepreneurial mums who have made it big in their own right. If you too are a mum with a fantastic story, please write to us.

Like every time, we have a whole load of worksheets for 3-13 years in our Workbook section. *Print. Practice. Excel.*

A big thank you to all the parents, children, faculty, and writers who have featured in or contributed to this month's edition.

Your feedback is crucial - please do write to me if you find anything amiss. I look forward to hearing from you on what you want to see in the upcoming issues.



**ASHIMA B CHHALILL**

EDITOR-IN-CHIEF  
HELLO@PODIUM.SCHOOL



“

**IT IS NOT HOW MUCH WE HAVE,  
BUT HOW MUCH WE ENJOY,  
THAT MAKES HAPPINESS.**

”





# WESTERN MUSIC

***“Music gives a soul to the universe, wings to the mind, flight to the imagination, and life to everything.” - Plato***

Music has a power that moves people from all strata and cultures. Music is present all around us, be it on TV or in movies, or in various ceremonies like weddings, birthdays, or while worshipping god. In the early 1990s, a team of researchers emphasized that exposure to music in early childhood helps children develop a larger vocabulary, speak more clearly, develop social and emotional skills, and strengthen the connection between body and brain. Here, today we will look into Western Music - one of the oldest forms of music.

## Western Music

The history of western music is rooted in Greeks and Romans. The word western refers to European traditions and social structures as primarily formed by European Immigrants settled in America. Western music is part of these traditions and can be defined as “Organized Instrumentation and sound created in Europe and European immigrants settled in America and other places around the world.”

Western Music includes a wide variety of genres from classical western music, jazz, rock to country music.



## 1. Classical Music

Music composed between the post-Baroque and pre-romantic era is classified under classical music. The main focus in classical music is on Opera singing and classical symphonies. Similar to classical Indian music, Classical Western music requires patience and effort from the listener to fully understand the balance of the beautiful symphonies and appreciate it.

## 2. Pop Music

The first name that POPs in everyone's head is 'Micheal Jackson, King of Pop'. The Genre of Pop music or Popular Music began in the late 90s to early 2000. The advent of reality show helped Pop music to be recognized as a separate genre. The popularity of this genre is due to the fact that you do not need a deep understanding of technical aspects to enjoy this music. All you need is a good ear for music. Pop music is further divided into two sub-genres –

- **Blues** – influenced by African music brought to the United States by African slaves in the early 18th and 19th centuries. It was predominately sad and slow music sung by slaves to make their work and lives easy. Later after slavery was abolished some immigrants sang it as Hymns and some turned it into dance tunes and thus developed new styles – Jazz, Hip Hop, R&B, and Soul.
- **Jazz** – developed in southern states in the late 19th century. One of the forms of music very close to Indian classical music. It is a celebration of the amalgamation of western classical, African music European harmony, and the blues scale.
- **R&B (Rhythm & Blues)**- as the name suggests, music derived from blues but with rhythm.



- **Rock** – one of the most popular forms of music is an amalgamation of Blues, elements of jazz, and country music.
- **Hip Hop** – the most famous kind of music among millennials. Although developed in the 1970s it became famous in the 21st century. It had become synonyms with rapping and beatboxing and has been having a lot of influence on pop music culture.

## 3. Country Music

Earlier known as 'Hillbilly Music' because of its roots in the countryside. This form of genre has a heavy influence on European influence. It was born by immigrants of various countries who settled in the Appalachian mountain area. This form of music consists of straightforward memorable stories sung and supported by harmonica, banjo, or guitar.



# WESTERN VOCALS

Have you ever sung may be in your school play or between friends or just Happy Birthday for a family or friend? They all form a part of Vocal music. Vocal music is a form of music that highlights and uses the Human Voice maybe with the support of some instruments. Vocal music has been there for thousands of years and is found in different forms across the world. Western Vocals from a part of western music. Here are some terms which you need to familiarize yourself in Western Vocal Music –

- **Monophonic** – *a single-line melody. One of the early examples of Monophonic is back to 900 AD.*
- **Polyphonic** – *several melodies are sung at the same time.*
- **Cappella** – *an Italian term earlier used for religious music done with voices only. Cappella is a form of music that uses only human voices.*
- **Choral works** – *music specially created for a group of people where pieces re-sung by many singers.*

Individuals pursuing western vocals can take part in Operas, musicals where stories are told by vocalists who play different roles in the musicals, jazz vocals, funk, rock, and pop songs sung by famous artists such as Beyonce, Lady Gaga, or Beatles.

Our last edition covered the Benefits of Playing the Guitar. A lot is written on guitar but have you ever wondered where Guitar originated or who invented it? Let us answer these questions.

" The guitar is derived from the word 'Guitarra Latina' is said to have originated in Spain in the early 16th century. It was derived from a late medieval instrument known as Lute. The early guitar was narrower and deeper like a 'Vihuela'. "

**The Evaluation of Modern Guitar** – the earliest guitar had four-course strings. The instrument underwent major changes from the 16th century to the 19th century. A fifth and sixth-course string was added. The body underwent changes in the 19th century and by the early 20th century, the modern guitar was born. The guitar is widely used in folk and popular music.

**Different Types of Guitar and find out which one is for you –**

**Acoustic Guitars** – the simple guitar with which most people are familiar. They are ideal for beginners and sing-songwriters.

**Electro-Acoustic Guitars**– which come with a built-in microphone that can be plugged into amplifiers. Ideal for live shows.

**Semi-Acoustic Guitars** – a middle ground between acoustic and electric guitars. Ideal for players looking for versatility as they are thin like an electric guitar but at the same time hollow like an acoustic guitar.

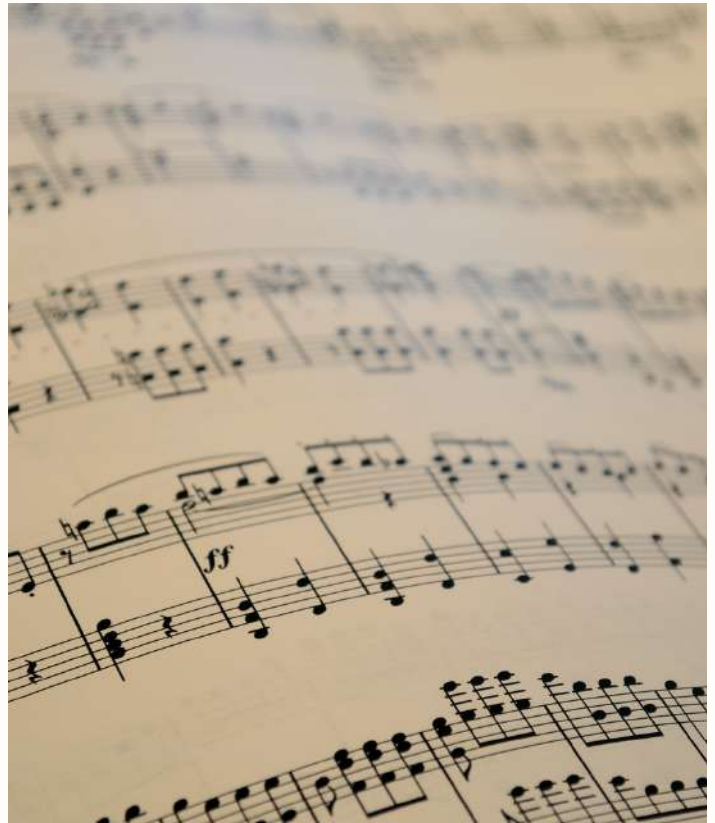
# PIANO

The piano was first invented by Bartolomeo Cristofori in Padua Italy. Cristofori was unsatisfied with the lack of control over the volume level of Harpsichord (ancestor of piano). He switched out the plucking mechanism from Harpsichord and replaced it with a hammer to create modern Piano in the year 1700.

Did you know there are several skills which you are enhancing that helps you be more successful in other areas? Here is a list of skills that you can master by playing the beautiful instrument –

- **Teaches Perseverance** – learning a new song and playing it to perfection on the piano is no small feat. This helps you to increase perseverance the skill which helps you take up difficult tasks.
- **Sharpens concentration** – playing the piano is a multi-level concentration exercise as you have to focus on pitch, tone, rhythm, and several other things.
- **Teacher Discipline** – being a successful piano player means you have to practice, practice and practice. This needs dedication and discipline thus instilling discipline.
- **Improves Emotional Intelligence** – piano players have enhanced listening skills which makes them more perceptive in interpreting the emotions of others.

The above enhancement of skills is definitely a huge booster for taking up those tricky piano lessons.





A SINGLE VIOLIN  
IS MADE FROM  
MORE THAN 70  
INDIVIDUAL  
PIECES OF  
WOOD

DURING A  
PERFORMANCE  
OF AN OPERA  
AT SYDNEY  
OPERA HOUSE  
A CHICKEN FELL  
OFF THE STAGE  
AND ONTO A  
CELLIST

35000 YEAR  
OLD VULTURE  
BONE FLUTE  
DISCOVERED IN  
EUROPEAN  
CAVE IS MOST  
LIKELY THE  
WORLD'S  
OLDEST  
INSTRUMENT.

DOGFISH SKIN  
WAS USED IN  
THE 18TH  
CENTURY TO  
SAND VIOLINS



YOUR HEART  
BEAT SYNCs TO  
THE RHYTHM OF  
MUSIC

RENAISSANCE  
COMPOSER  
ORLANDE DE  
LASSUS WAS  
KIDNAPPED  
MANY TIMES AS  
A BOY  
BECAUSE OF  
HIS BEAUTIFUL  
VOICE.

THE MOST  
EXPENSIVE  
OPERA DRESS  
WAS WORN IN  
1895 WHICH  
WAS WORTH  
OVER 15  
MILLION  
POUNDS.

'KARAOKE'  
COMES  
FROM  
PHRASE  
MEANING  
'EMPTY  
ORCHESTR  
A'.

FACULTY SHOWCASE

## BRECILLA

### Faculty - Podium WESTERN VOCAL Course Artist & Performer

Brecilla had quite the creative start to her life. With her mum enrolling her in the Church choir and then learning Bharatnatyam for 9 years shaped her performance skills and her love for music. She was always drawn to music as a child, which is how she understands the importance of a kid learning music in their formative years. She looked forward to her choir practice and over time, her curiosity made her grow into the musician that she is today.

She is not only a singer-songwriter but also a Vocalist, a music educator, and a vocal coach. Brecilla has taken Rockscool Grade Examinations and also has two years of experience with the Western Vocal Performance at The True School of Music.

Her passion for music has taken her a lot of places. Be it on exciting music tours or doing single projects with different brands or making her own music - she has done it all.

Being a part of two different bands - *My Kind of Blue* & *Queendom*, and having toured India & Nepal she definitely understands the highs and lows of putting oneself out there.

A lot of children tend to be shy performers or conscious of getting attention. Part of Brecilla's teaching focuses on making her students ready and confident to give good performances. Her curriculum is also curated in a way to assist the student in the preparation for Trinity College, London; Rockscool, London; and other equivalent performance-based examinations.

Music is a very personal thing for each person and Brecilla, with her approach to teaching, helps her students to shape and understand their own style of singing.

Brecilla teaches **Western Vocals** course in Podium, where she believes that every person has the ability to sing and music in a non-judgmental space that is innocent and allows a person to have a better understanding of themselves. *Write to us at [hello@podium.school](mailto:hello@podium.school) for enquiries.*





## FACULTY SHOWCASE

## MIDHIN

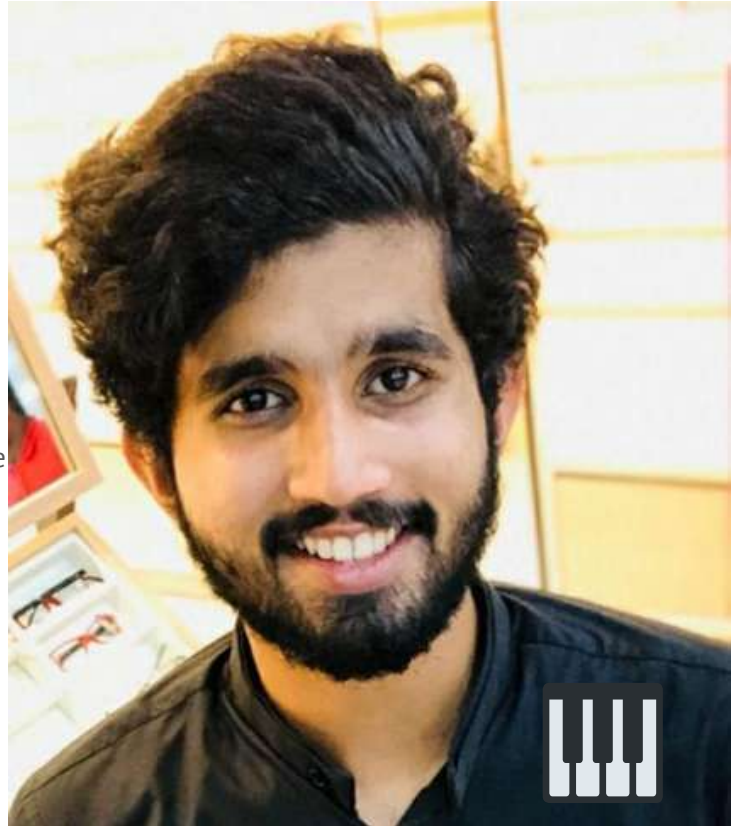
Faculty - Podium PIANO Course  
Artist & Performer

Midhin is doing his graduation from The University of Western Australia. He completed Grade 8 in Piano from the Trinity College of London. He has earned a certificate in Music composition and production.

His love for music has made him experiment with music and understand the nuances of composition. He is continually excited about playing and teaching Piano. He felt the need to help students experience the unbridled joy of music-making while understanding the fundamentals in depth. He started his teaching career as a piano teacher in Bangalore, India.

Midhin started his online music and piano classes with the goal to achieve an interactive musical journey while exploring the students' uniqueness in the area of music.

His course content includes concepts from basic to advance levels. The combination of music theory with practical piano classes makes the classes lively and more knowledgeable.



## ISHAN

Faculty - Podium GUITAR Course  
Artist & Performer

Raveena is a creative writing teacher while assistant writing a Netflix documentary, Indian Predator scheduled to release later this year.

She was studying BSc in Physics when it dawned upon her that writing is an interest that was more than a diary entry. She started off by taking two short courses with the Bangalore Writers Workshop which moulded and encouraged the writer in her. She went on to take up a short story writing course with Stanford Continuing Studies that she believes set her off on the path to be a professional writer. As she struggled to figure out her niche, screenwriting happened to be a chance that almost ended up an accident on her plate.

Whistling Woods International, Mumbai, became the temple of learning for Raveena as she learned the craft of scriptwriting from Anjum Rajabali. She also picked up the much-needed understanding of the magic that went into making films. She believes that everyone has a story



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## FACULTY SHOWCASE

## VISHAL

## Faculty, Podium PIANO Course

Vishal is a Music Composer, Songwriter, and member of our Podium family. At Podium, Vishal teaches piano and guides our students with his experience and knowledge.

He started his teaching career in music a few years back and he found himself revelling in helping children immerse in the beautiful world of music.

Vishal is a qualified teacher from the board of Trinity College London. He has many qualified students in India as well as abroad. He focuses on the growth of each student as per their calibre and makes them understand the importance of music in every possible way. He is looking forward to establishing himself as a music composer and writer in the Indian music industry. He has composed background scores and title tracks for many organizations. He has created his own path starting from scratch to become a good musician and believes in the music he makes.

The syllabus he teaches at Podium follows the very well recognized Trinity College of London curriculum. His focus is to introduce the students to a good method of learning music the way he feels music should be learnt.



Vishal teaches a **Piano course** on Podium, where his focus is to introduce the students to a good method of learning music the way he does it. *Write to us at [hello@podium.school](mailto:hello@podium.school) for enquiries.*



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# LEARNING @ PODIUM

## 10 BEST WAYS TO LEARN CREATIVE WRITING ONLINE

Want to make use of your free time? Then you should definitely learn creative writing; Creative writing is a talent, a skill that enables you to express your emotions in the right manner, a means of escape from reality and/or to serve some other purpose of your life. The pandemic has locked us inside our homes away from the outside world; we must make use of this time and learn new usable skills that will benefit us in near future.

Everything takes time, creative writing is a wonderful investment of your time; as it is something that will help you in the long run. It'll make a lot of things easier for you from academics to normal day-to-day life. I hope this article was helpful, and you understood if not the whole thing but some of it. Best of luck on your journey as a creative writer.

[READ MORE](#)

1. Enrol in an online class
2. Think out of the box
3. Track your progress
4. Keep a diary of ideas
5. Understand the basics
6. Expand your vocabulary
7. Read, Read & Read
8. Complete the course
9. Try new genres & topics
10. Practice is the key

## SHOWCASE YOUNG WRITER

In every issue, we pick a few stories from among the submissions by our young writers who attend the Podium Creative Writing course.

### GHOSTS STRIKE

By Naisha Jhaveri, 10 years, Mumbai

**On Monday morning Miss Emily told us a story about Ghosts written by P.J.Pines. It was a very engaging and scary story and all of you must hear the story. So here goes nothing.**

On a stormy Saturday evening, my grandfather took me to the park. None of my friends was there so I decided to sit down and read my book which I had brought along. After some time I realized the fog had started rolling in and it was dense enough for me to not see clearly.

So I looked up from my book and saw two misty figures just standing there. I took a closer look and I realized that both of them were identical twins. I looked even closer and saw that their skin was pale as if they were sick for months. Their hair was white like an old granny. They wore golden straw hats almost covering their whole head. Their lips were pale pink and thin as a pencil. They both had bright yellow eyes and wore a white long gown that reached their ankles. They had bare feet and their nails had no color at all.

*Naisha is an avid reader and loves all forms of Art like Dancing, Drawing, Painting and Theatre. She is a very good story teller and loves writing poems.*



I felt as though I could go through them. I lingered with curiosity and touched one of them by their hands. Both of them screamed a blood curdling scream which can turn anyone deaf. Next thing I knew I was lying in bed on Sunday morning in my night suit. This happened for a few more weeks but I didn't touch them. But every time I went close no matter how early the time was like morning or afternoon I would be lying in bed the very next day with no recollection how I reached there.

After some days I came to my sense not to go near them. But after that, those two followed me everywhere like the swimming pool, the park and even in my bedroom. The funny thing was only I could see them. I am sure it was no illusion because the day I first touched them, I could feel them. They followed me for few months. This started getting weirder as more misty people would appear as time went by as if their family was coming to see me. After few months I decided to find out who they were and were they really a ghost or just a figment of my imagination. Cause I'm only 12 years old.

I started going to church more like one of the book told me to do. It got better as one by one family members started to disappear but the twins never went.

After some time I came to a decision that instead of trying to get rid of them I would try to understand who they were and why they were here. After some research, I came upon an old newspaper article that had their pictures on it. It read "Young murderers – Two fifteen-year-old girls – Lisa and Lana had been captured for killing both their parents." I was horror-struck. I thought they were here for my blood as well. But in fact, after years went I realized they were like my guardian angels. I wonder if they were wrongly accused.

Now I am 42 years old and I live with my two best friends – Lisa and Lana who there always watching me with their huge yellow eyes!!

\*\*\*





# Game Development & *Coding*

Technology has transformed our human lives, to the point where the entire world is accessible at our fingertips. With the click of a button, anything can be searched and everything can be home-delivered. With the recent pandemic and lockdown, no one could meet their loved ones. Apps like Zoom, Whatsapp, and Google meet made the lockdown easy as all of us could stay in touch over video calls with our near and dear ones. Whatsapp has become like a lifeline for each and every one of us. The list is endless. All these applications, websites or software are thanks to 'Coding'.



## So what is coding?

It is a step by step instruction written in computer language which is used to develop websites, applications (apps) and software.



## So why the sudden fuss to make your kids learn coding?

### 1 – New Language

Learning a new language not only helps communication but also teaches logical thinking and improves verbal and written skills. 'Coding' is the new language. Artificial Intelligence is here to stay and the language it understands is 'Code'. Hence, teaching this new language is very important for your child's future.

### 2 – Creativity

Coding is also a form of art as with coding your child can be creative and creativity is encouraged.

### 3 – Improves Academic

Coding helps in planning and organising your thought process as that materialises into a code. This also reflects on your academics by improving maths and writing skills.

### 4 – Problem Solvers

As your child starts learning coding they will move through more complex processes and they realise that there is more than one way to resolve a problem. By analysing and solving the problem they develop critical thinking and resilience.

### 5 – Future Investment

Artificial Intelligence is here to stay and working in the AI world is the future. So investing in learning coding at a young age is future proof investment which will surely give returns.

## FACULTY SHOWCASE

## Kunal Sadarangani

Faculty, Podium Coding Course

**KUNAL SADARANGANI**, is an educator with a background in robotics, coding, and Lego education, teaching students from preschool right up to 12th grade. Kunal works on age-appropriate curriculum and teaching programs.

Kunal believes that knowledge, like air, is vital to life and one must never stop learning. In the current scenario where we are being forced to redefine the teaching methodology, it is important for students to not only be proficient but also be able to think on their feet.

Being a critical thinker and apply one's self logically is what sets one apart from bookish knowledge. This is something that Kunal believes helped him crack his pilot interview where he was one of the 7 applicants selected from a group of 200 and the only one from India.

Considering that most of our conventional careers are going to become almost redundant in the next 20 years, coding via the scratch MIT MEDIA LAB is the perfect way for students to start their coding journey as this introduces the student to block-based coding which helps them logically and accelerates their interest and learning curve.

Kunal teaches **Coding Course** in Podium. He believes that kids have abundant energy and creativity and educators need to channelize this energy positively so that they are able to achieve their goals at the right age. Just like mathematics and science, coding too has become an integral part of our educational system. Write to us at [hello@podium.school](mailto:hello@podium.school) for enquiries.



# GAME DEVELOPMENT ON YOUR CHILD'S MIND ?



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*The courses/workshops are unbelievable - I used to enrol my kid individually at random workshops - and now I have access to top-quality ones. I was also astonished to see the quality of the worksheets. My daughter is very happy and now looks forward to the quizzes and contest - I recommend it to all parents.*

Anshita, Parent of Avani - United Kingdom



Know more

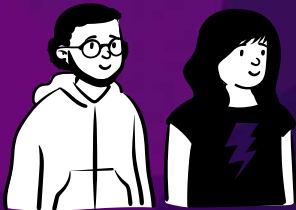
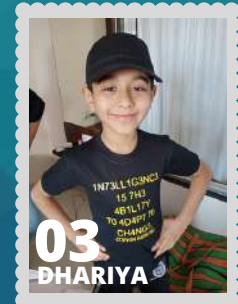
# CONGRATULATIONS

to the quiz winners of March-April

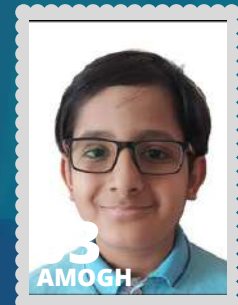
## Avengers | 20 March 2021



Age < 9 years



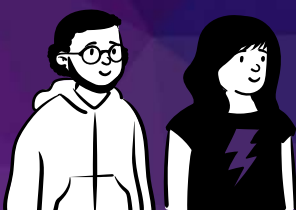
Age > 9 years



## Festivals of India | 27 March 2021



Age < 9 years



Age > 9 years



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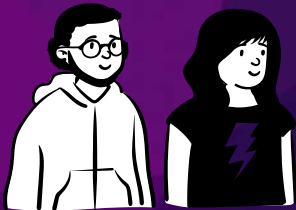
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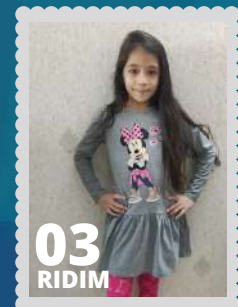
## Countries and Capitals | 03 April 2021



Age < 9 years



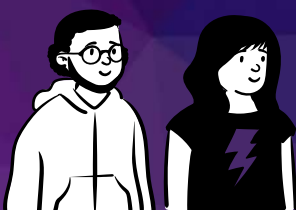
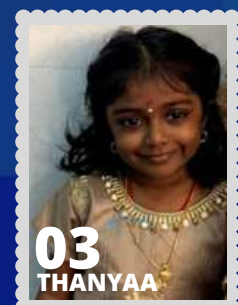
Age > 9 years



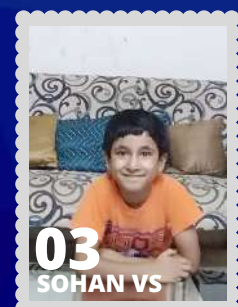
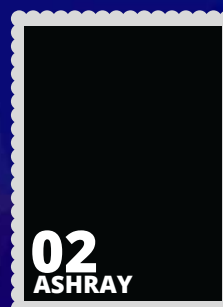
## Science and Inventions | 10 April 2021



Age < 9 years



Age > 9 years



Know more



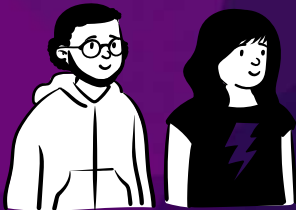
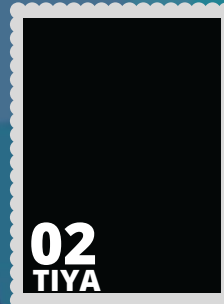
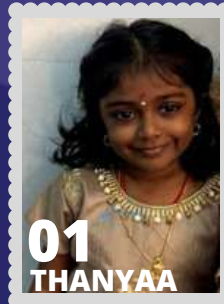
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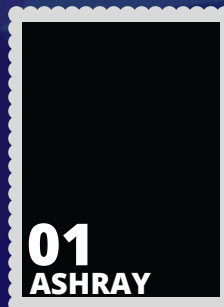
## Guess Who | 17 April 2021



Age < 9 years



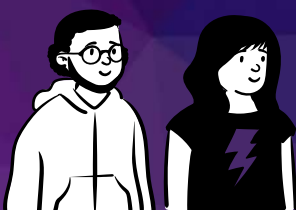
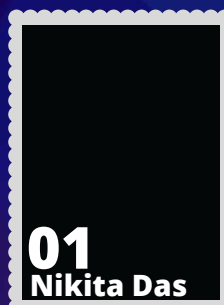
Age > 9 years



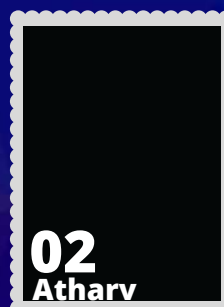
## Harry Potter | 24 April 2021



Age < 9 years



Age > 9 years



Know more



MOVE TO THE MUSIC

# DANCERCISE

**Dance**

Rythm

Zumba

Hip Hop

Jazz

**Exercise**

**“To Dance is to be out of yourself. Larger, more, beautiful, more powerful... This is power, it is glory on earth and it is yours for the taking” – Agnes De Mille**

Dance is one of the most basic forms of Art. Combine that with exercise and you get Dancercise.

## **So what is Dancercise?**

A vigorous dance is done as an exercise for physical fitness.

## **Why is Dancercise so popular?**

Fitness has become the new mantra. But often what deters people from taking up exercise is that it is often perceived as a chore. Dancing provides upbeat and inventive exercise which promotes a healthy and active lifestyle, aiding joint flexibility and boosting mental wellbeing. So dance away those worries with loads of fun.

Continue reading on next page >

## Zumba

Is one very famous form of dancercise. It is a high-energy form of aerobics exercise created by Colombian dancer and choreographer Alberto “Beto” Perez in 1990.

You dance to some great music with friends or amazing people and get the right amount of exercise in. This comes with some great health benefits like:

- Full body workout
- Build Endurance
- Improves Cardiovascular fitness
- Improves Blood pressure
- Increase your pain threshold

*Warning – people with back problems, knee problems, and heart problems should avoid doing Zumba or consult the doctor and then take it up.*

## Natya Yoga

It needs no introduction. But it is difficult to relate yoga and dance. Natya Yoga blends dance, yoga, and music.

Natya yoga has karanas which are yoga poses in rhythm. Dancing and yoga both are symbiotic. The benefits of dance yoga are:

- Music relaxes the mind and brings alive our senses.
- Yoga increases our flexibility and strengthens our body
- Dance yoga reduces stress
- Along with some amazing benefits of yoga it helps burn more calories.

**So what are you waiting for dancercise your way to a healthy body!!!**





FACULTY SHOWCASE

## SACHIN

Faculty, Podium DANCE  
(Bollywood, Hip Hop, Jazz)  
Course

Sachin Sharma has been in the field of choreography for 13 yrs and has completed the Dance Direction course from ITA (Indian Television Academy) under Farah Khan. He has choreographed for Kannada movies, Dubai festival event, Malayalam award function, Thailand Festival, Tina Ambani's "Harmony House" event, DCB bank, HDFC bank, promotional event for Zombie movie, etc, etc

He loves interacting and teaching different dance styles to children and believes in getting the children to have a lot of fun while they learn.

Sachin started teaching online due to the pandemic situation and now uses it as a medium of interacting with children and teaching them.

The best part for him is being in love with Music all the time and being connected to his classes kids who are always keen and interested in new dance styles.

Sachin teaches a mix of **Bollywood dance, Jazz and Hip-Hop** and helps children learn on the back of latest music tracks. Write to us at [hello@podium.school](mailto:hello@podium.school) for enquiries.



## FACULTY SHOWCASE

## SIMRAN

Faculty, Podium DANCERCISE -  
FUN WITH ZUMBA Workshop

“Ok children, if you use 5 rajma seeds and 3 pasta, and if you count them together, how many will you get in total?”.... “1...2...3.. 8, 8 Ms Simran, we will get 8”. “Amazing my loves, you’ll are super right, star claps for you all!”

That’s how I spend my week with my Nursery dumplings at Edubridge International School, along with Zumba classes that I conduct for them as well as Ameya Fitness Zone, a fitness studio.

I did teach Zumba and choreographed for children in various schools and institutes but I somehow wanted to go one step ahead and contribute to them as much as I could. That is when I decided to do my course and teach Zumba, at the same time to children and adults, as well!

My cherry on the cake moment was when I came across Podium classes in the lockdown, through one of my friends (faculty at Podium School) which gave me tremendous opportunities to teach and learn along with children from all around the world! I really wish to bring to light how teaching and learning is a two-way process and how Zumba can keep us all fit, strong, healthy (physically and mentally), not only in these challenging times but always and forever. Children are our future!

Who says we cannot make connections through a video call? It’s all about how passionate we are and when do we ‘really’ wish to come out of our comfort zones!

Ready...Set...Go!!!

Simran teaches **Zumba Course in Podium**. She believes teaching children keeps the child in her alive and a very famous quote by Joker, “Never let the child in you, die”, from the movie Batman, inspired her the most, and has taught kids from the age of 14 months old to 10 years old, her love for their honesty, quirkiness, and their perspective towards life, keeps growing! *Write to us at [hello@podium.school](mailto:hello@podium.school) for enquiries.*





Bharathanatyam



Kathak



Kathakali



ARTICLE

Kuchipudi



Manipuri



Mohiniattam



Odissi



Sattriya

## LEARNING @ PODIUM

### HOW TO START LEARNING INDIAN CLASSICAL DANCE FORMS?

Indian classical dance is an amalgamation of Indian heritage, culture and tradition. Indian classical dance is a representation of the rich values of the Indians and gets the fellow close to their roots. Learning Indian classical dance forms has many benefits. If you're planning to learn or introduce your kid to this beautiful dance form then you're at the right place read on and find out the few of many things you should do to get started with Indian classical dance.

Every dance form is beautiful and learning and embracing it takes time. Don't worry if you're not able to do a certain mudra or step in the first try, just practice and give yourself some time; I'm sure you'll get a hold of it for sure. I hope this article helped you understand how and where to get started as an Indian classical dancer, what you need to keep in mind and have to do. Best of luck on your journey to becoming a wonderful Indian classical dancer.

1. Get yourself registered in an Indian classical dance course
2. Read a little about the form
3. Watch some videos online.
4. Understand the language.
5. Warm-up & exercise

READ MORE





LEARN TO DANCE - FROM THE BEST FACUTY - AND BEST STRUCTURE



BOLLYWOOD, HIP HOP, JAZZ - DANCE FORMS THAT KIDS ALWAYS WANTED TO LEARN

**PODIUM DANCE COURES**

Write to us at  
[hello@podium.school](mailto:hello@podium.school) for  
enquiries

# DANCE LIKE A DIVA

## CONTEST WINNERS



**FIRST**

ASHWARA PATIL



**SECOND**

RIDIM JAIN



**THIRD**

ADHWAITH EGA

# CONGRATULATIONS !!





## SPOTLIGHT RITU G & SARA G

On the occasion of the 7th anniversary of the hugely successful JAMMs (Journey About Mast Moms), a social support community of like-minded and enterprising *Mast Moms*, we dive deep into the mind and heart of its Founder Ritu G.

A single parent, skilled, capable and very talented Ritu has led the 50,000+ mom-force into camaraderie and fun and has created avenues for women from all walks of life to learn, engage and grow as individuals as well as mothers.

*Here is an interview with the diva herself, mother, social entrepreneur and inspiration.*

### The journey of JAMMs how was this mother's network started? How did you set it up?

JAMMs essentially started when I moved back to Mumbai. After staying away for 8 years I moved back to a different part of Mumbai. I am a hands-on single parent managing everything from my daughter to my work and household. Just like Alice in Wonderland I was searching for something. I wanted to stay abreast with parenting and any interesting activities happening in my area. I got in touch with a few like-minded mothers and started a WhatsApp group of 20 mothers from my inner circle.

Everybody really appreciated the concept of a no-nonsense group with just parenting-related quality conversation. Word got around and from one WhatsApp group, we grew to many WhatsApp groups.

Initially meeting with the mothers led me to think "Why not coach the mothers and empower them to be a great mother or a parent. As mothers are the core of a family and empowering the mother is like empowering the entire family." With the help of my coaching training background, JAMMs was started.

JAMMs 7th anniversary was on 20th April. I never thought I would be leading a community, have a team, and last but definitely not the least it would be a multi award-winning social group for networking. It is a big high!

**"I never thought I would be leading a community, have a team, and last but definitely not the least it would be a multi award-winning social group for networking. It is a big high!"**

Continue reading on next page >





### What does JAMMs do?

Parenting doesn't stop however old your child is - only the questions change as your child grows up from vaccination to puberty.

With JAMMs we provide a non-judgmental and unbiased platform for women to ask any question without batting an eyelid. We cater to pregnant ladies, new mothers, mothers of teenagers, single mothers and even grandmothers.

I was awarded an award for Young Entrepreneur '40 below 40'. The journey has been challenging but at the same time immensely satisfying and rewarding.

### What has the journey been like?

I come from a very humble middle class background. This 7 year journey has been surreal from managing to working with so many amazing mothers simultaneously. I was one of the chosen young entrepreneurs from India for an exclusive meet and greet with the Global CEO of WhatsApp Mr Will Cathcart.

Managing so many groups with so many members and passing relevant messages to all members is no small feat as a lot of unverified, unauthenticated messages are circulated and to check and verify everything is no joke.

Thanks to the fantastic support team and volunteers who help me run the entire network. The learning experience, the networking, the empowerment has been fantastic.

*"Teach them what THEY have an interest in or have the potential for. Don't get them to learn things YOU wanted to learn and never could."*



## RITU'S PARENTING TIPS

### MOTHER OF SARA G, 10 YEARS

Sara loves Art in all forms. She is very active. I use to work with Shiamak Davar performing commercial Bollywood dancing, hip hop and jazz. Some days we would put on loud music and just dance our hearts out. Sara is very good at it. She is also very good at Art and Craft. I think she will take up something in Performing arts as she grows up.

### Any suggestions or advice for Podium Mothers?

Have a mindful approach towards developing your child's personality instead of following the competition based path/rote learning. Teaching them survival skills is very important. I think last years' lockdown has taught everyone the importance of basic survival skills like cooking, cleaning and keeping physically/mentally fit.

Also, do not teach the stereotype - pink is for girls and blue is for boys (gender bias/labels). Ensure as a parent you are empowered to talk easily about sexuality education and kindness, gratitude, love, sharing & caring - life values are encouraged to make this world a better place to live in !

Annual subscription for 3-13 year olds. Members get Access to Weekly Live Classes, Monthly Podium Magazine, Monthly Global Competitions and Preferred Pricing on Podium courses.

## MAY 2021 PRIME SCHEDULE

### SATURDAY QUIZ

### SUNDAY WORKSHOPS

#### WEEK 1

**01 May 21**

**Quiz: All about the Weather**  
4pm India / 2.30pm Dubai /  
12.30pm Germany / 12.30pm  
S.Africa

**02 May 21**

**Workshop (below 8 yrs): Phases of the Moon**  
4pm India / 2.30pm Dubai / 12.30pm Germany /  
12.30pm S.Africa  
**Workshop (9-13 yrs): Phases of the Moon**  
5pm India / 3.30pm Dubai / 1.30pm Germany /  
1.30pm S.Africa

#### WEEK 2

**08 May 21**

**Quiz: The World of Fairy Tales**  
4pm India / 2.30pm Dubai /  
12.30pm Germany / 12.30pm  
S.Africa

**09 May 21**

**Workshop (below 8 yrs): Vedic Math**  
4pm India / 2.30pm Dubai / 12.30pm Germany /  
12.30pm S.Africa  
**Workshop (9-13 yrs): Vedic Math**  
5pm India / 3.30pm Dubai / 1.30pm Germany /  
1.30pm S.Africa

#### WEEK 3

**15 May 21**

**Quiz: Music & Instruments**  
4pm India / 2.30pm Dubai /  
12.30pm Germany / 12.30pm  
S.Africa

Story-writing Contest  
Deadline for Submission  
of Entries

**16 May 21**

**Workshop (below 8 yrs): Zumba Dancercise**  
4pm India / 2.30pm Dubai / 12.30pm Germany /  
12.30pm S.Africa  
**Workshop (9-13 yrs): Zumba Dancercise**  
5pm India / 3.30pm Dubai / 1.30pm Germany /  
1.30pm S.Africa

#### WEEK 4

**22 May 21**

**Quiz: Mental Puzzles**  
4pm India / 2.30pm Dubai /  
12.30pm Germany / 12.30pm  
S.Africa

**23 May 21**

**Workshop (below 8 yrs): Art & Craft**  
4pm India / 2.30pm Dubai / 12.30pm Germany /  
12.30pm S.Africa  
**Workshop (9-13 yrs): Zentangle Art**  
5pm India / 3.30pm Dubai / 1.30pm Germany /  
1.30pm S.Africa

#### WEEK 5

**29 May 21**

**Quiz: Mysteries of Space**  
4pm India / 2.30pm Dubai /  
12.30pm Germany / 12.30pm  
S.Africa

Release of monthly  
Magazine + Workbook

**30 May 21**

**Workshop (below 8 yrs): Coding**  
4pm India / 2.30pm Dubai / 12.30pm Germany /  
12.30pm S.Africa  
**Workshop (9-13 yrs): Game Development**  
5pm India / 3.30pm Dubai / 1.30pm Germany /  
1.30pm S.Africa

# ART AND ITS DIFFERENT FORMS



Art is a form of human expression from time immemorial. Humans have a close relationship with art from cave drawing of the Upper Paleolithic or Ice age to modern art. Art is an interwoven part of our life be it any religion, culture or race and humans have appreciated art in many different forms be it music, dance, poetry, paintings, sculpting and even graffiti. Artistic beauty can even be seen in designing, baking or hair styling. Art plays an important role in how humans perceive the world and how they interact with each other.

## Different forms of Art

Art is a combination of talent, creativity, innovation, and emotions and can be expressed through Visual arts, Literature arts, or performing arts. The richness of a country and its culture depends on how rich the Art of the country is. Art is so varied that the true essence is difficult to capture but can try to give a gist of this amazing creation of mankind.

## ➞ Visual Art

It is one of the finest forms of art to express himself/herself by holding an apparatuses like pen, pencil, brush or others. The different forms of visual art are – Paintings, sculptures, calligraphy, photography and applied arts like architecture and designing. These different forms have evolved with time and saw the emergence of different art movements and styles like –

- o Expressionism
- o Art Nouveau
- o Realism
- o Cubism
- o Surrealism
- o Impressionism
- o Relativism

## ➞ Performing Arts

It is an art form which is performed for an audience. It is one form of art enjoyed by all be it –

- Music
- Opera
- Theatre
- Drama
- Magic shows
- Films
- Stand-up comedians

All these genres have sub-genre as different countries, cultures, races have their own form of music, dances and shows. The list can be endless.



## ➔ Literature Arts

It is an informative, imaginative, entertaining and exceptionally self expressive art form expressed with the use of metaphoric literally dialects, phrases and more. The main form of literature art includes -

- Poetry
- Play writing
- Fiction writing
- Autobiography
- Oratory
- Journalism
- Essay and many more form of writing



---

We are surrounded by art. Art influences us in our daily life whether we realize it or not. Our moods and emotions are greatly influenced by art. The varied benefits of art cannot be mentioned in few words but here are a few benefits worth mentioning again and again –

- Biggest Stress buster
- Boost Confidence
- Great way to showcase your inner talent
- Communicate with people
- Improves academic performance
- Brings people around the world together

It does not stop here Art is also known to have healing powers. Art is linked to improving memory, reasoning, and resilience in older people. Studies have shown that art therapy has helped people suffering from mental health issues. Art knows no boundaries. It has the power to move us all.

**So what are you waiting for - pick up that paintbrush and pen and let your creative self loose!**



## PRIYANKA

**Faculty, Podium ARTS Course (Calligraphy, Handwriting, Origami, Painting, Sketching)**

A qualified fashion designer, and an artist by passion, Priyanka is a teacher by profession. In these challenging times, she has trained 1000+ students online across the world including students from the United Kingdom, Australia, United States, etc. She continues to learn and train students in different art forms to kindle creativity and imagination.

She believes the best way of learning is while teaching and sets a new benchmark for herself. Priyanka is in her happy place where art blooms amidst that echoing sound of children's curious voices.

Rain, wind, greenery can lift her mood at any moment, learning is something she will never let go of. She believes there is so much to learn and learning is a never-ending process that continues well beyond formal education.

***Priyanka teaches a variety of art courses and workshops at Podium, and is amongst our five-star-rated faculty!***

## SHAGUN

**Faculty, Podium ARTS Course (Calligraphy, Handwriting, Origami, Painting, Sketching)**

Shagun is a Masters in English and specialises in arts, calligraphy, handwriting, and origami.

***At Podium, she is among our star faculty and is the most smiling and pleasant face around.***

Shagun believes in helping people who are not able to afford quality education and helping them to realize their dreams.





## FACULTY SHOWCASE



## GRISHMA

## Faculty, Podium ARTS Course (Sketching, Painting)

With 15+ years of experience as an educator and art therapist, Grishma has taught over 5000+ students across the globe. She is an ex-Dhirubhai Ambani International School faculty and has also taught at Poddar International School.

She believes, **“Creativity is the only thing AI won’t be able to replace and extremely important to nurture right from early years”.**

As an art teacher, she always felt the current curriculum of art in school needs a revamp. In a day and age where kids are exposed to infinite options, we should make the art curriculum more flexible and what interests kids. Hence her focus is on per child and, not what fits all. She makes sure that every kid is doing or exploring what they like of course they have to do basic but giving them creative freedom makes kids happy and in turn, they start loving art. So the key is to bond with each child n help them to flourish n channelize their ability to its peak.

## YASH

## Faculty, Podium ARTS Course (Mandala, Warli, Origami, Painting, Sketching)

Being Creative isn't less than a hobby., it's an add-on in the path of growth. It's not just fun, it's beyond fun.

Yash's journey started when he was 6 years old, where Wall drawings and attached scoldings were part of his schooling and growing-up years.

He grew up learning new crafts and drawing, sketching, and painting at the drop of a hat. There was no single book left where the last page was not filled with doodles and drawings.

Yash started teaching at the age of 15, and in his process of teaching, he realised how much he enjoyed it and decided that it was the best way to constantly keep learning.

He believes, **“Art is also a profession not only a hobby. Artists are simple people with a beautiful complex mind.”**





**ARTS-COMBINED COURSES - TO TICKLE THE CREATIVE ARTISTS**

**MANDALA, ZENTANGLE, ORIGAMI, SKETCHING, PAINTING, CALLIGRAPHY**

**PODIUM ART COURES**

Write to us at  
[hello@podium.school](mailto:hello@podium.school) for  
enquiries



# HEY CLOUDY !

*Hey Cloudy is India's first Audio Learning App for children. Our focus is on the Age group between 2 years to 8 years.*

## What is Unique about Hey Cloudy?

In today's world kids learn by watching videos but we feel that too much video or screen time is not good. We all grew up hearing stories from our parents or grandparents. Why not use the digital platform to have the same impact on today's generation as we had while growing up.

## How is the content on Hey Cloudy created?

We have writers writing stories for us. The delivery mechanism is the app. Everything on the app is age appropriate. There are no advertisements on the app. We have got a subscription based channel which parents can subscribe from the App store. We had started with stories but now we have instrumental music as well which parents can play in the background while reading stories or while kids are playing.



## CHITMAN KAUR

Founder & CEO, Hey Cloudy

**A** mother of two, Chitman founded Hey Cloudy to try to replicate for her children the magic of her own childhood.

Chitman has a rich 17+ years of experience in product research, development, and technology.

*In discussion here with the ever-smiling entrepreneur, mother, superwoman Chitman...*

## What has been your journey as a Parent which inspired the creation of Hey Cloudy?

My father was in the Air Force so we used to move around a lot. A lot of places did not have libraries. The constant factors while growing up were the stories which my mother used to tell me.

I have two kids – five years old and one year old. After my elder child I went back down memory lane to understand what worked in my childhood which I could incorporate into my children's upbringing.

I realized my mother's magical stories had loads of characters. Those stories were fundamental to the person I am today. In today's time video stories kill the child's imagination as everything is presented to them. The child loses his/her imagination in the process.

With audio, the child's imagination can run wild. We experimented first with WhatsApp stories which worked and then moved on the subscription model.

Hey there!  
I'm HeyCloudy!  
Nice to meet you!



Hey Cloudy was born out of a very personal need as a mother, as I strongly believe that Stories in the childhood shape the future.

*This is the Hey Cloudy way of changing the world!*



PODIUM PRIME  
DISCOVER MORE

# CONTEST ALERT



Write a mystery story on  
"The Case of the Missing Cycle".

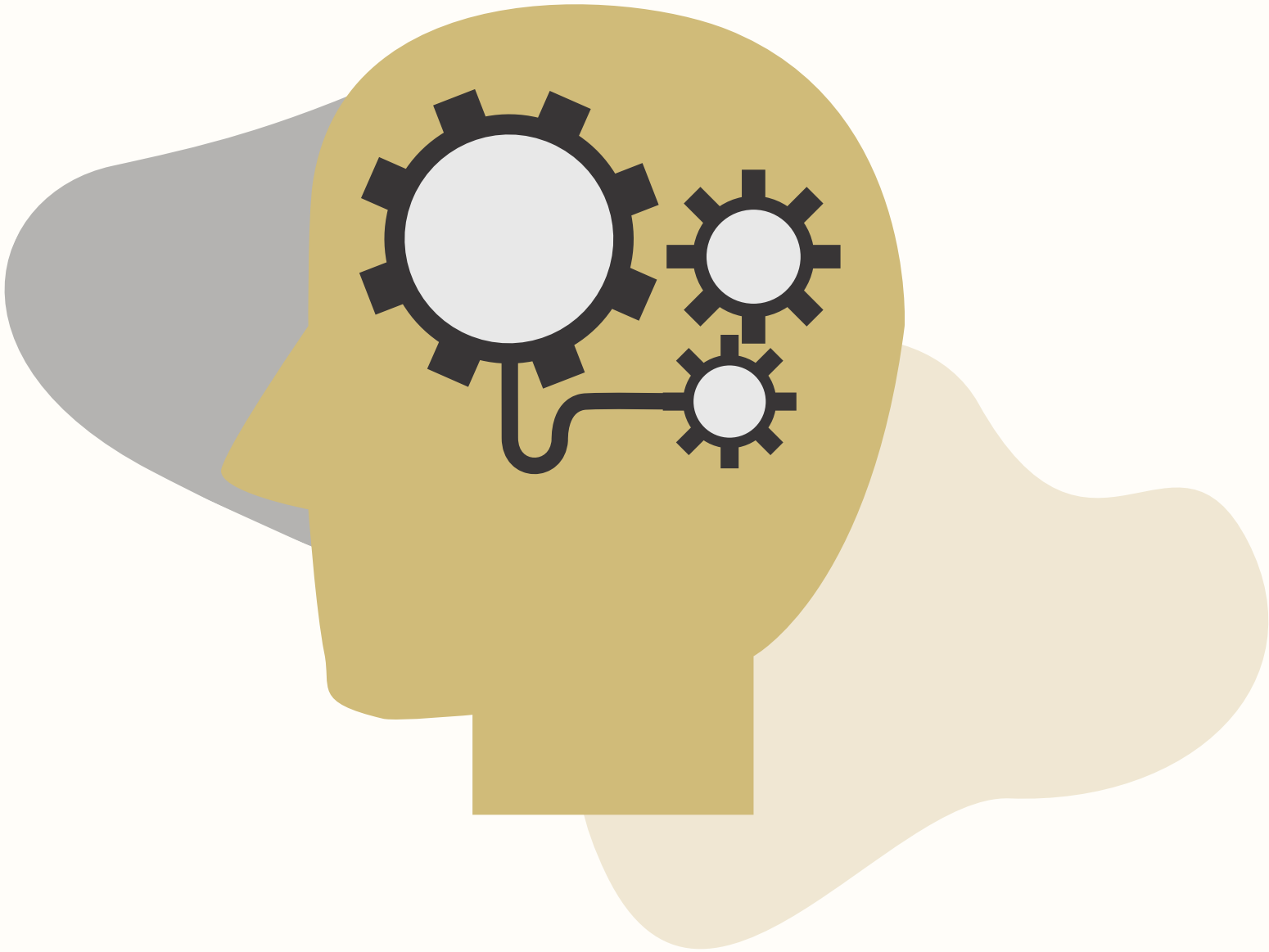
Send the story in typed-out form in a word document or Google doc.

Get a chance to win up to THREE months of extended Podium Prime, feature in our next magazine and get your story featured in Hey Cloudy.

Participation Fee : Complimentary (for Podium Prime Subscribers)  
Rs. 200 / \$3 (for Non-Subscribers)

Submit to [hello@podium.school](mailto:hello@podium.school). Last date : 15 May 2021





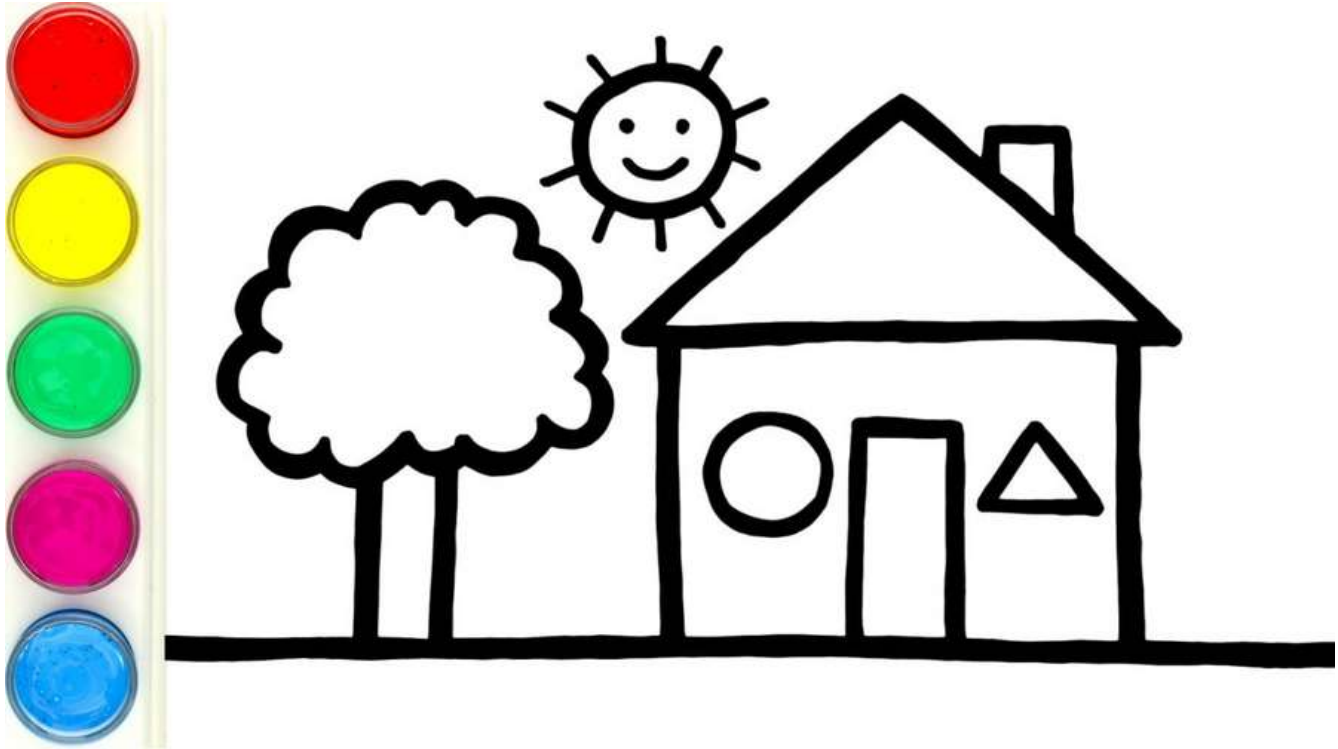
## *Podium Workbook*

SHAPE TRACING

FOR AGE 3-7 YRS

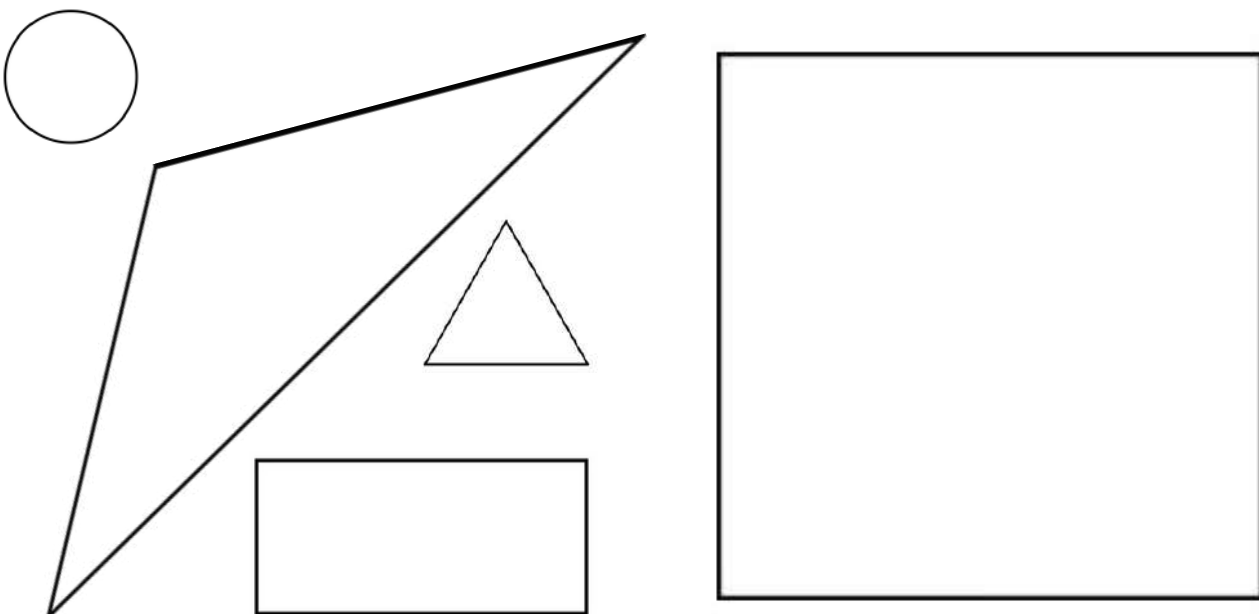
**COLOR ME**

See the house below? Color it using the color suggestions given on the left.



**KNOW YOUR SHAPES**

Now cut the shapes given below to construct a similar house using glue and scissors. Make sure a parent or elder is helping you with the scissors.

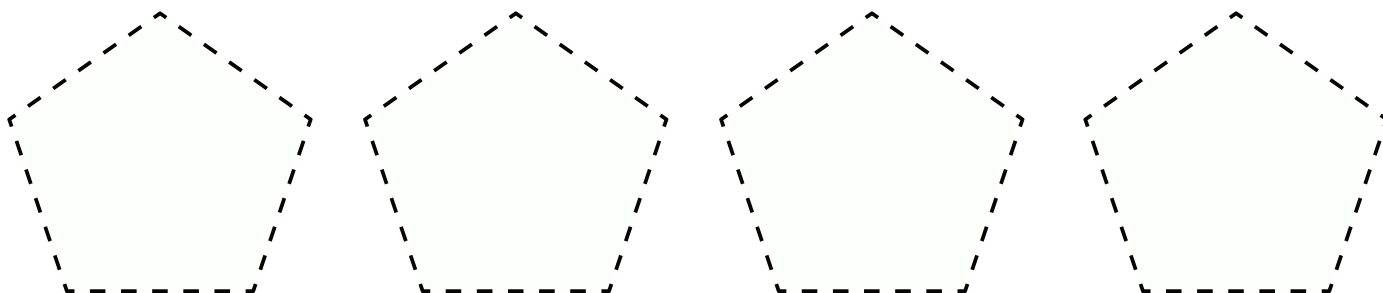


PENTAGON MANIA

FOR AGE 3-7 YRS

**COUNT AND TRACE**

See the shapes below? Count the sides of each of them and trace them.



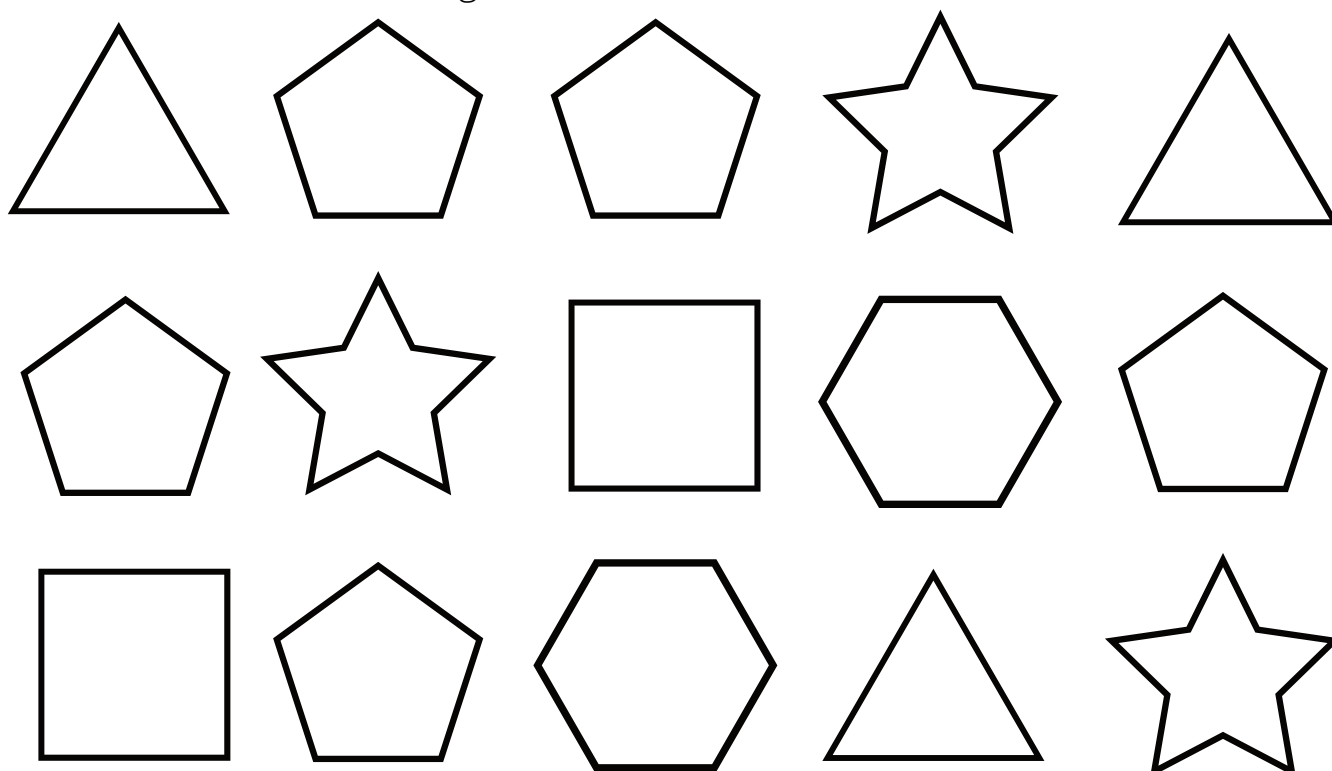
**SAY IT**

Color the name of this shape below and say it out loud three times!

PENTAGON

**SPOT THE PENTAGONS**

Find and color all the Pentagons below.

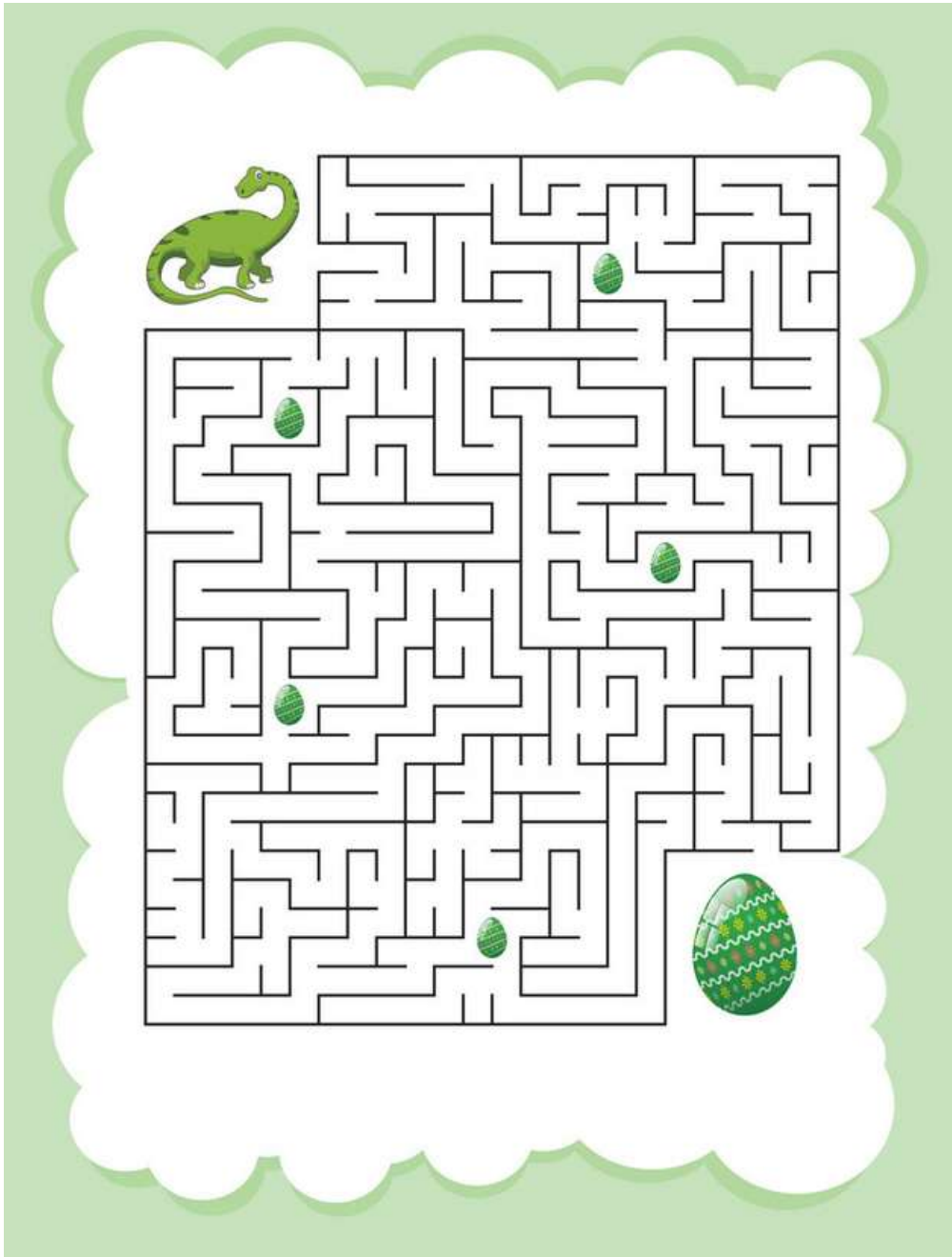




MAZE - AMAZE

FOR AGE 5-13 YRS

Find your way! Use a pencil and eraser to make your path.



**FUN FACTS**

- The name dinosaur means 'frighteningly big lizard' !
- When dinosaur bones were first found hundreds of years ago by the Chinese, they thought they were the bones of giant dragons!
- Not all dinosaurs eat meat. Some of them are vegetarian!

D  
I  
N  
O  
S  
A  
U  
R

DINO TIME

FOR AGE 5-10 YRS

Color the dinosaur and write the name below.



Dinosaur

WORD SEARCH

FOR AGE 5-13 YRS

Find the terms related to Chess.

Z P L D D P A W N Q K C Q H G  
 L Q B A A P S W K R U U Y F Y  
 I C T S P I N Z N D T R K S A  
 F I H Q R E O V I S O G J Y C  
 G L X E U C H Q G B F P J R Z  
 Y Q L F S E Z X H U Z N E V X  
 A F I L E S E B T O U J L N S  
 W I M B B K B N O K B D Q K W  
 O Z F O O Z T O P U H I N I W  
 B S B O V L B P A E S A V N Y  
 I S R Q F I V N P R R G Q G X  
 S E K E V H M Q R Z D O R H I  
 H L I E Y Y J E Y Z B N F T W  
 O I N A W B D I M E E A U M B  
 P D G K W E O H O J O L E X O

CHESSBOARD

QUEEN

RANKS

FILES

DIAGONAL

PIECES

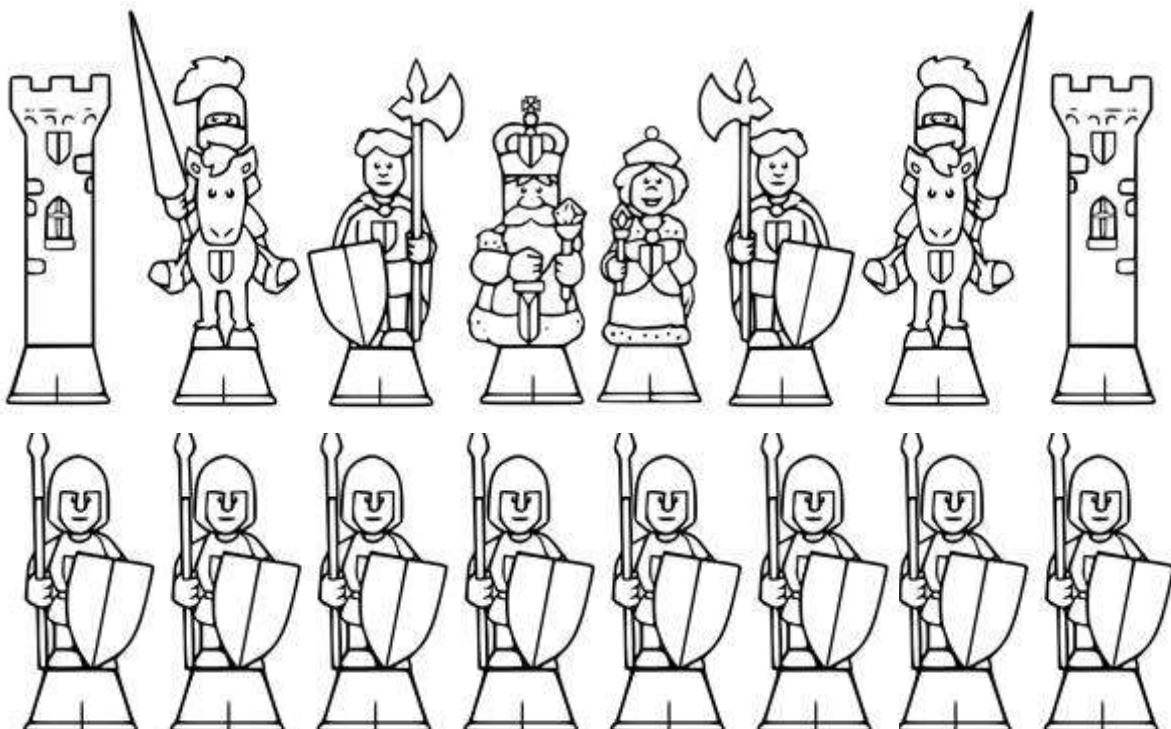
KING

BISHOP

KNIGHT

ROOK

PAWN

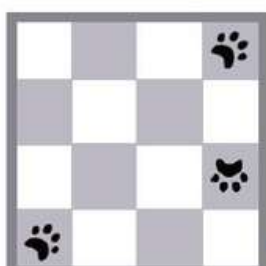
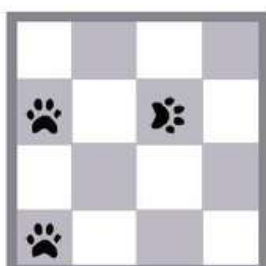
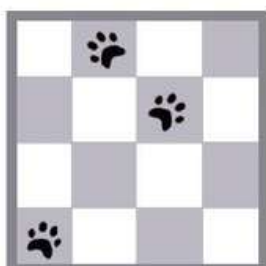
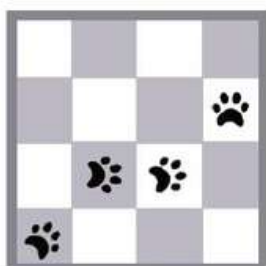
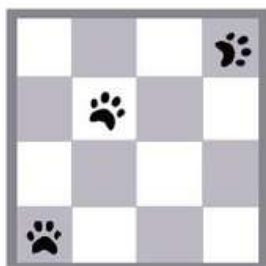




MATCH THE FOLLOWING

FOR AGE 5-13 YRS

Match the Piece with the correct footprints.



**PAWN**



**ROOK**



**KNIGHT**



**BISHOP**



**QUEEN**



**KING**



CURSIVE WRITING

FOR AGE 7-13 YRS

Practice writing the given lines below them.

*I like writing neatly and beautifully.*

*Flowers smell lovely in the garden and look colorful too.*

*Roller skates were invented in 1760 in Europe.*

*Plants make seeds to help them produce more plants.*

*According to scientists, frogs spend a lot of time underground.*

*Olive ridley sea turtles are the smallest turtles in size.*

*A clock is a device used to measure and indicate time.*

*Gadgets have become an integral part of our lives.*

*In 1860, Alfred Nobel invented dynamite and other explosives.*

ROMAN NUMERALS

FOR AGE 7-13 YRS

I	2	3	4	5	6	7	8	9	
I	II	III	IV	V	VI	VII	VIII	IX	

Write the correct number next to each Roman numeral.

- |                |                  |
|----------------|------------------|
| 1) II = _____  | 8) IX = _____    |
| 2) V = _____   | 9) XII = _____   |
| 3) IV = _____  | 10) XV = _____   |
| 4) X = _____   | 11) XX = _____   |
| 5) III = _____ | 12) XIX = _____  |
| 6) VI = _____  | 13) XVII = _____ |
| 7) XI = _____  | 14) XIV = _____  |

Write the correct Roman numerals next to each number.

- |               |                |
|---------------|----------------|
| 1) 1 = _____  | 8) 15 = _____  |
| 2) 3 = _____  | 9) 20 = _____  |
| 3) 10 = _____ | 10) 13 = _____ |
| 4) 5 = _____  | 11) 17 = _____ |
| 5) 6 = _____  | 12) 12 = _____ |
| 6) 11 = _____ | 13) 18 = _____ |
| 7) 4 = _____  | 14) 14 = _____ |



TELLING TIME

FOR AGE 7-13 YRS

Write down the time you see in the clocks.



9:40



Read the time under the clock and draw the hands in the clock.



10:30



7:00



6:30



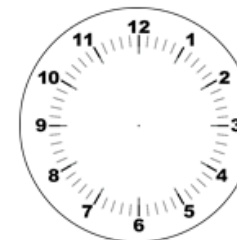
9:50



1:15



8:30



3:20



11:30

PROFESSIONS

FOR AGE 4-13 YRS

Match the picture with the job title.



1 \_\_\_\_\_



2 \_\_\_\_\_



3 \_\_\_\_\_



4 \_\_\_\_\_



5 \_\_\_\_\_



6 \_\_\_\_\_



7 \_\_\_\_\_



8 \_\_\_\_\_



9 \_\_\_\_\_



10 \_\_\_\_\_



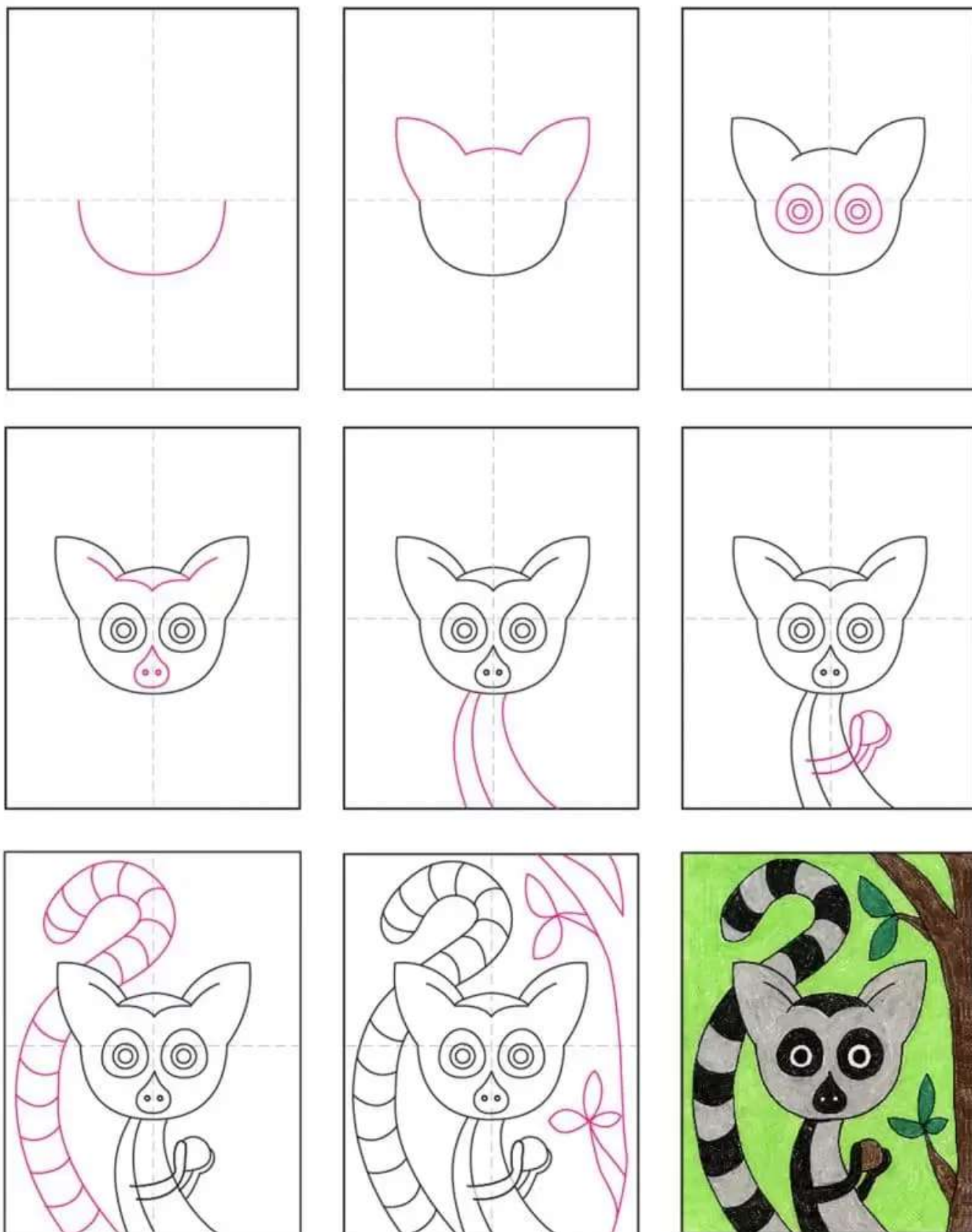
11 \_\_\_\_\_

Mailman  
Cook  
Doctor  
Hunter

Sea Captain  
Fisherman  
X-Ray Technician  
Fighter Pilot

Nurse  
Gangster  
Butcher

Lets learn how to draw a lemur. Try it on your art sheet or art book.







Write the force words that complete each sentence.

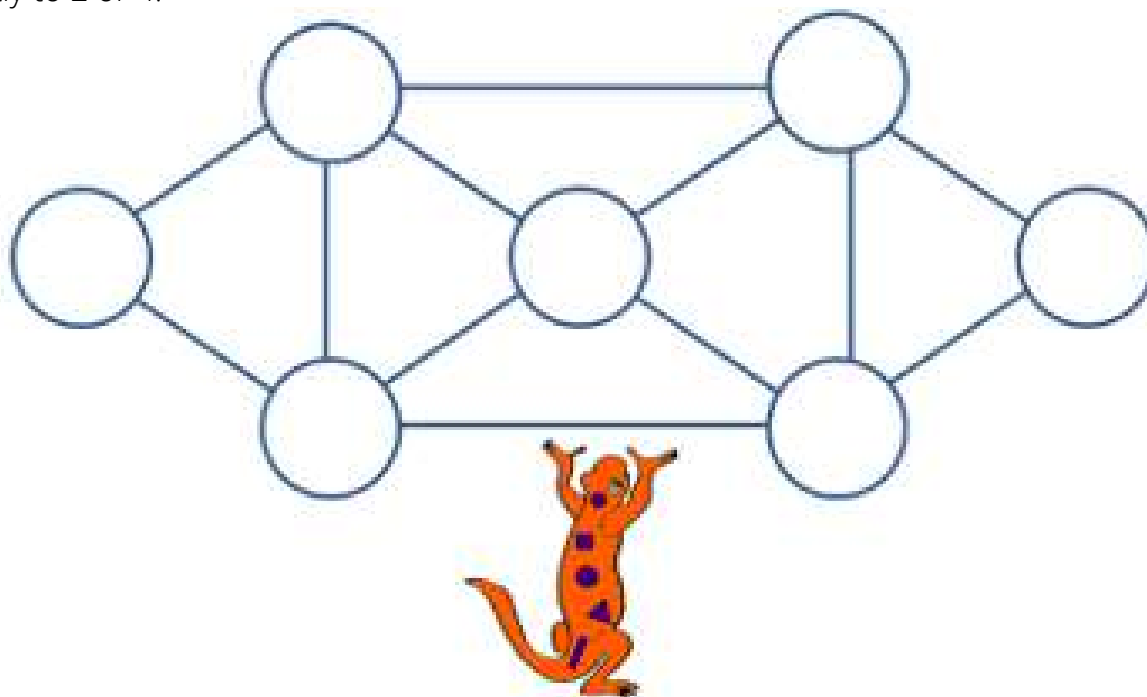
push      pull      gravity      friction      force  
inertia      machine      energy      balance      Newton

1. The greater the \_\_\_\_\_ the easier the object will move.
2. To do the job in less time and with less energy, use a \_\_\_\_\_
3. That rock will roll down the hill due to the force of \_\_\_\_\_
4. To make something \_\_\_\_\_ both ends need to have the same weight.
5. It takes \_\_\_\_\_ to get a job done.
6. \_\_\_\_\_ is the idea that something in motion will remain in motion, and something at rest will remain at rest, unless affected by an outside source.
7. It would be more difficult to \_\_\_\_\_ a wagon if it didn't have wheels.
8. If you have a few people \_\_\_\_\_ on the rope, the box will be easier to move.
9. \_\_\_\_\_'s theories on motion are still believed correct today.
10. We added wheels to our bureau to create less \_\_\_\_\_ when we move it.

## Number fun

Put the numbers from 1 to 7 into the circles below.

No consecutive numbers are allowed to be joined to each other, e.g. 3 cannot be joined directly to 2 or 4.



## Go fish!

Five friends went fishing on a school campout. Sarah, Nancy, Marta, Frank, and Yoko each caught one fish. Read the clues. Then use them to determine each student's catch.

- Marta's fish was longer than Sarah's fish.
- Yoko's fish was 2 inches longer than Nancy's fish.
- The length of Sarah's fish was not a multiple of 2.
- Nancy did not catch the smallest fish.

So, who caught which fish?

- |                |                |
|----------------|----------------|
| a. Sarah _____ | b. Nancy _____ |
| c. Marta _____ | d. Frank _____ |
| e. Yoko _____  |                |



**Trout 16 inches**



**Catfish  
13 inches**



**Bass 8 inches**

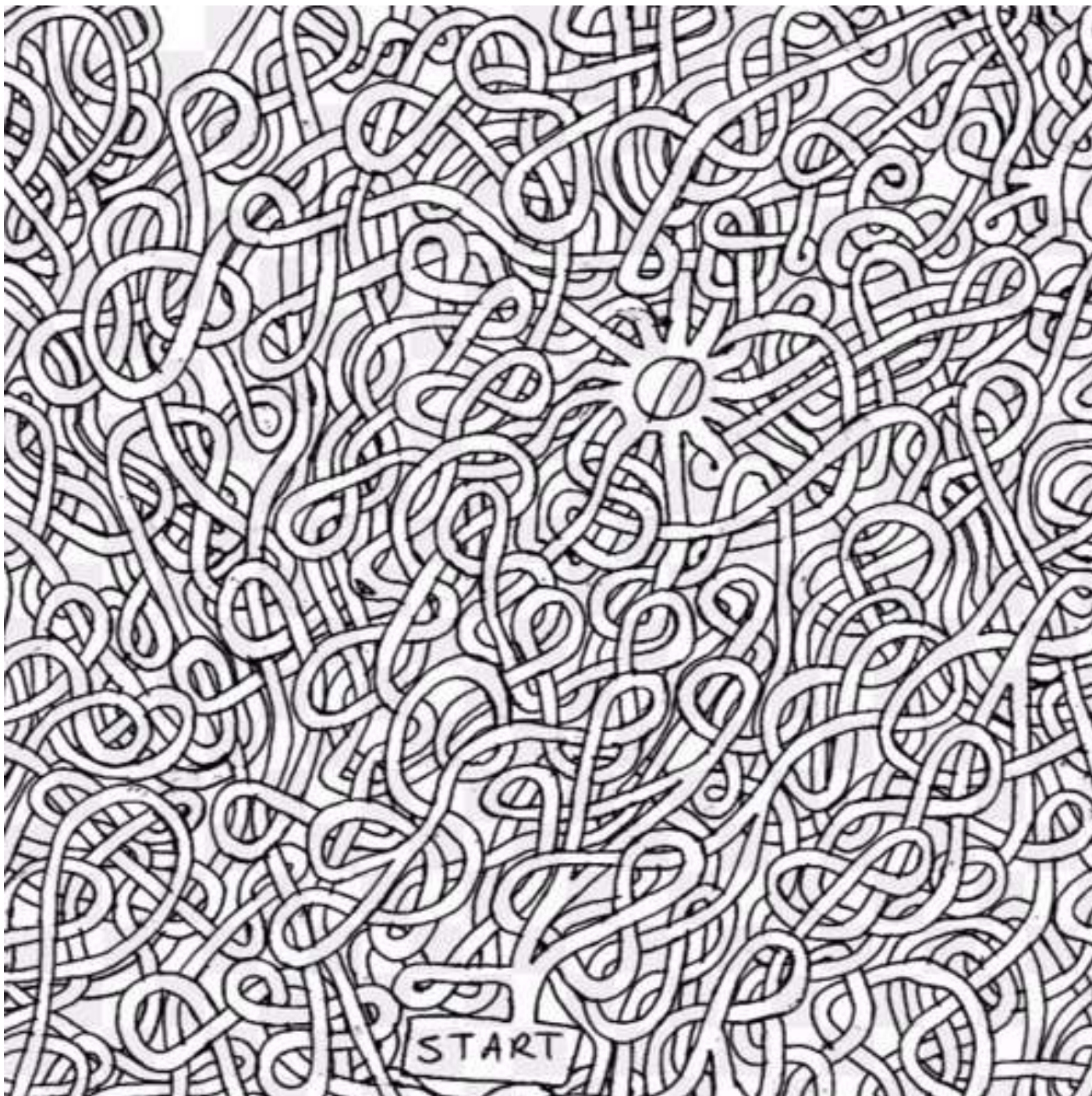


**Minnow 2 inches**



**Bluegill 6 inches**

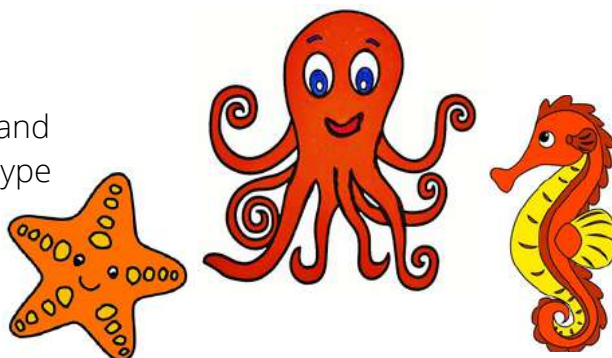
**Find your way to the ball in the center! Use a pencil and eraser.**



## Help Kevin !

Kevin collected 50 sea creatures. He has octopus, starfish, and sea horses. Use these clues to find out how many of each type he has.

- He has 4 times as many starfish as octopus.
- He has 8 more sea horses than octopus.





MATH FUN

FOR AGE 7-13 YRS

Add the fractions.

$$\frac{2}{5} + \frac{1}{5} + \frac{1}{5} = \square$$

$$\frac{7}{20} + \frac{3}{20} + \frac{9}{20} = \square$$

$$\frac{1}{7} + \frac{3}{7} + \frac{2}{7} = \square$$

$$\frac{2}{8} + \frac{3}{8} + \frac{2}{8} = \square$$

$$\frac{5}{17} + \frac{2}{17} + \frac{3}{17} = \square$$

$$\frac{5}{22} + \frac{7}{22} + \frac{9}{22} = \square$$

$$\frac{25}{107} + \frac{70}{107} + \frac{5}{107} = \square$$

$$\frac{8}{45} + \frac{14}{45} + \frac{12}{45} = \square$$

$$\frac{3}{27} + \frac{8}{27} + \frac{14}{27} = \square$$

$$\frac{1}{6} + \frac{2}{6} + \frac{2}{6} = \square$$

Find the sum.

$$\begin{array}{r} 1. \quad 7,340 \\ + 9,473 \\ \hline \end{array}$$

$$\begin{array}{r} 2. \quad 3,026 \\ + 2,689 \\ \hline \end{array}$$

$$\begin{array}{r} 3. \quad 125 \\ + 867 \\ \hline \end{array}$$

$$\begin{array}{r} 4. \quad 6,804 \\ + 651 \\ \hline \end{array}$$

$$\begin{array}{r} 5. \quad 6,774 \\ + 7,826 \\ \hline \end{array}$$

$$\begin{array}{r} 6. \quad 1,762 \\ + 3,722 \\ \hline \end{array}$$

$$\begin{array}{r} 7. \quad 9,778 \\ + 1,226 \\ \hline \end{array}$$

$$\begin{array}{r} 8. \quad 4,400 \\ + 4,474 \\ \hline \end{array}$$

SUBTRACTIONS

FOR AGE 9-13 YRS

Try these 3-digit subtractions.

$$\begin{array}{r} 1) \quad 357 \\ - 126 \\ \hline \end{array}$$

$$\begin{array}{r} 2) \quad 268 \\ - 125 \\ \hline \end{array}$$

$$\begin{array}{r} 3) \quad 475 \\ - 134 \\ \hline \end{array}$$

$$\begin{array}{r} 4) \quad 539 \\ - 137 \\ \hline \end{array}$$

$$\begin{array}{r} 5) \quad 657 \\ - 36 \\ \hline \end{array}$$

$$\begin{array}{r} 6) \quad 428 \\ - 115 \\ \hline \end{array}$$

$$\begin{array}{r} 7) \quad 827 \\ - 221 \\ \hline \end{array}$$

$$\begin{array}{r} 8) \quad 359 \\ - 254 \\ \hline \end{array}$$

$$\begin{array}{r} 9) \quad 277 \\ - 215 \\ \hline \end{array}$$

$$\begin{array}{r} 10) \quad 466 \\ - 124 \\ \hline \end{array}$$

$$\begin{array}{r} 11) \quad 338 \\ - 27 \\ \hline \end{array}$$

$$\begin{array}{r} 12) \quad 645 \\ - 233 \\ \hline \end{array}$$

$$\begin{array}{r} 13) \quad 439 \\ - 107 \\ \hline \end{array}$$

$$\begin{array}{r} 14) \quad 859 \\ - 341 \\ \hline \end{array}$$

$$\begin{array}{r} 15) \quad 297 \\ - 216 \\ \hline \end{array}$$

$$\begin{array}{r} 16) \quad 547 \\ - 35 \\ \hline \end{array}$$

Try these 4-digit subtractions.

$$\begin{array}{r} 1) \quad 5075 \\ - 2314 \\ \hline \end{array}$$

$$\begin{array}{r} 2) \quad 6752 \\ - 3827 \\ \hline \end{array}$$

$$\begin{array}{r} 3) \quad 4295 \\ - 3079 \\ \hline \end{array}$$

$$\begin{array}{r} 4) \quad 3426 \\ - 2239 \\ \hline \end{array}$$

$$\begin{array}{r} 5) \quad 8721 \\ - 5376 \\ \hline \end{array}$$

$$\begin{array}{r} 6) \quad 9027 \\ - 465 \\ \hline \end{array}$$

$$\begin{array}{r} 7) \quad 6538 \\ - 1865 \\ \hline \end{array}$$

$$\begin{array}{r} 8) \quad 7560 \\ - 2634 \\ \hline \end{array}$$

**BODMAS**

**FOR AGE 10-13 YRS**

<b>B</b>	<b>O</b>	<b>D</b>	<b>M</b>	<b>A</b>	<b>S</b>
Brackets (...)	Orders $\sqrt{x}$ $x^2$	Division $\div$	Multiplication $\times$	Addition $+$	Subtraction $-$

**Solve the following keeping in mind the rules of BODMAS.**

$$1) (4 + 3) \times 2 = 14 \quad 9) 5 \times 3 + 4 = \quad 17) 5 + 2 \times 4 =$$

$7 \times 2$

$$2) 4 + (3 \times 2) = \quad 10) 5 + 3 \times 4 = \quad 18) 7 \times 2 - 5 =$$

$$3) (2 + 3) \times 5 = \quad 11) 10 \div 2 + 3 = \quad 19) 14 - 3 \times 3 =$$

$$4) 2 + (3 \times 5) = \quad 12) 10 - 6 \div 2 = \quad 20) 8 + (3 \times 5) =$$

$$5) (8 - 3) \times 2 = \quad 13) (4 + 7) \times 3 = \quad 21) 6 \times 3 - 7 =$$

$$6) 8 - (3 \times 2) = \quad 14) 4 + 7 \times 3 = \quad 22) 12 \div 2 + 4 =$$

$$7) (4 + 2) \times 3 = \quad 15) 10 - 3 \times 2 = \quad 23) 9 - 7 + 6 =$$

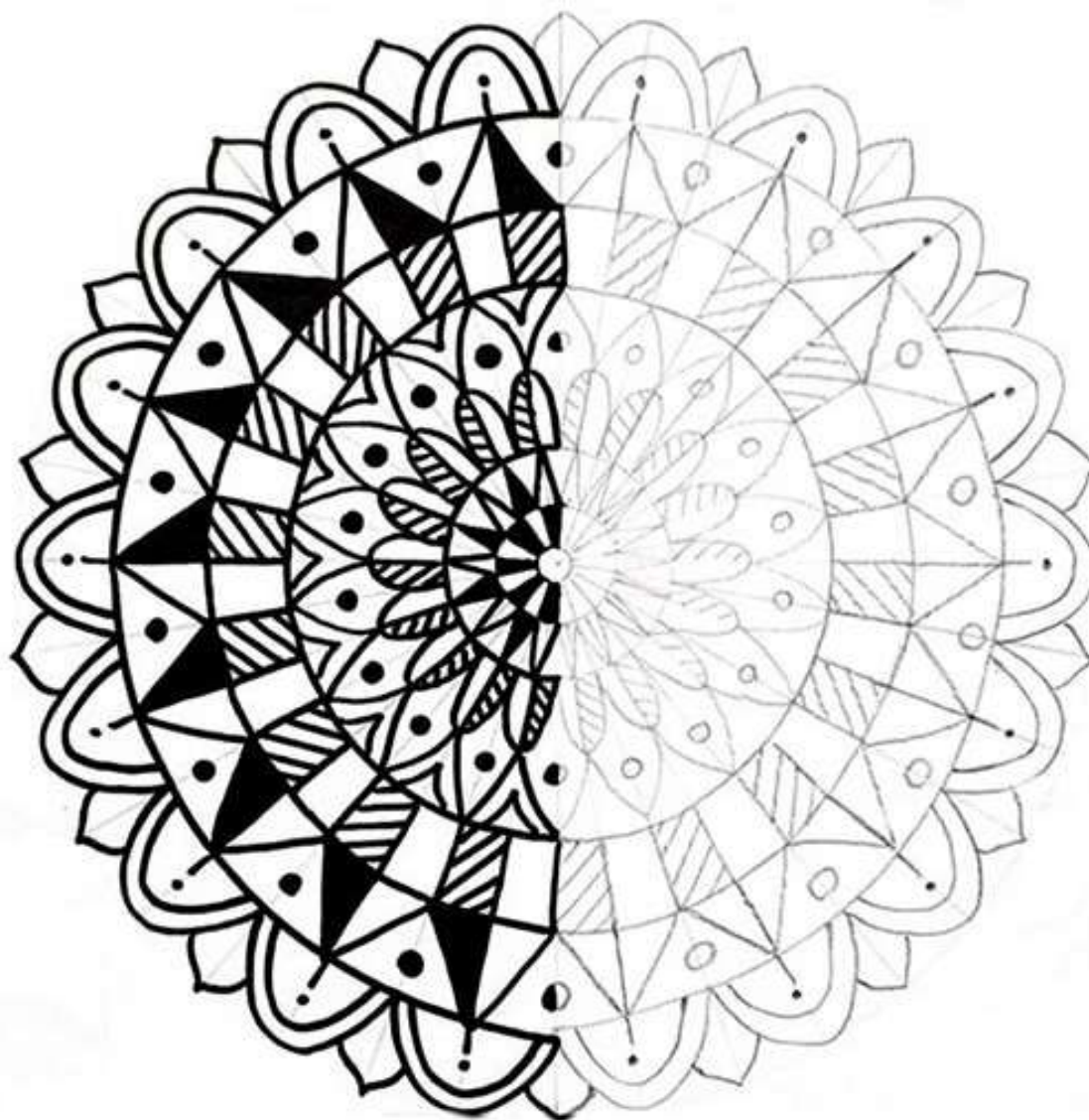
$$8) 4 + (2 \times 3) = \quad 16) (10 - 3) \times 2 = \quad 24) 9 - (7 + 6) =$$



MANDALA

FOR AGE 7-13 YRS

Trace and complete this Mandala, and then color it!



Continue and complete these Mandala patterns.



WORD SEARCH

FOR AGE 8-13 YRS



THERE ARE 24 WORDS HIDDEN BELOW - CAN YOU FIND THEM ?

P J H T A M I Z B L X W N S J F Y O T D  
C A Q N V P T D K E S R U O C H R G U E  
W R S Y E X G O A T J F I Z P I B C T M  
E N I L R E D N U H R V Q A C T E S O K  
Z U O F D P W B I E T M R E Y G J N R X  
A V K I E M R S N L E G U L T R Q H C B  
R E M P T J Y C W H O Z B A S A X T I E  
I T C R A A H K U E N O V P E D G F L Q  
E B Y W E Z C T G X I S H I M U S I C J  
V A H N P E L U Q O U K M C P A R F T O  
R M S J E Y I E D B A X L N S T G Z W T  
K F I L R U R O S E C I T I V E H Q A N  
E U N G Z B S T L Y P A D R W J M X C E  
Q O A C T K I R E U S T V P E A F O G S  
D X P Z G T E Y P M P U B L I C R W H B  
T I S B U N F A C R O J S H Q R P E K A  
L H Y T M P R I V A T E X A E B Z N D W  
A R E K Q U D H E S I N G C R O T J I F  
X A Z H I B S T N E D U T S V T M Y P L

CROSS CHECK AGAINST THE LIST GIVEN BELOW AND FIND THE REST !

absent

Art

correct

course

education

fifth

French

Geography

Geometry

graduate

homeschooling

Math

Music

principal

private

public

pupil

repeated

Science

Spanish

students

substitute

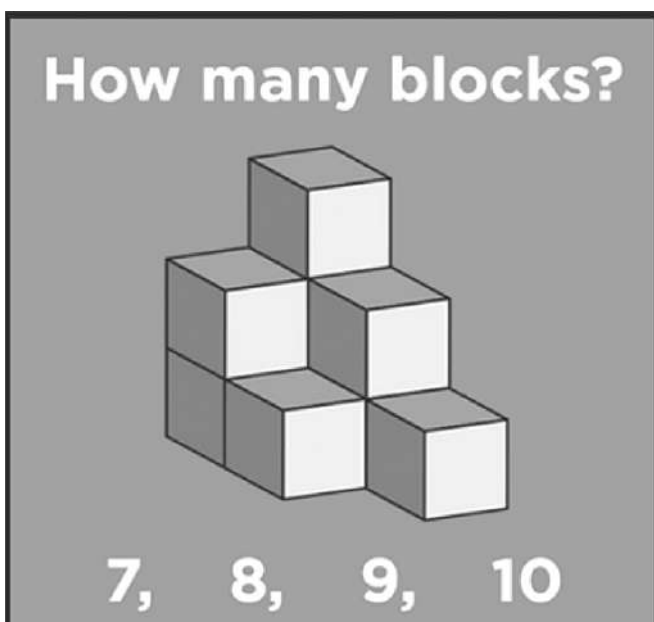
tutor

underline

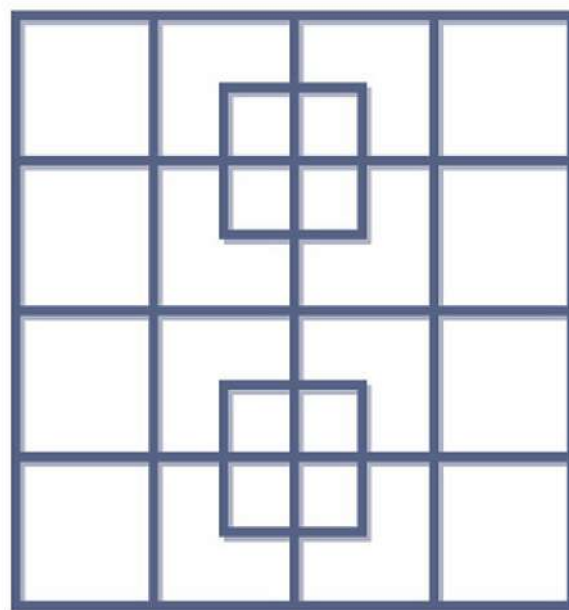
VISUAL REASONING

FOR AGE 10-13 YRS

**CAN YOUR STUDENTS WORK OUT  
HOW MANY BLOCKS ARE IN THIS 3D  
TOWER?**



**HOW MANY SQUARES CAN  
YOU COUNT BELOW?**



**SOLVE THIS...**

$$\square + \square + \square = 30$$

Fill the boxes using  
(1, 3, 5, 7, 9, 11, 13, 15)

U can also repeat the numbers.

**HOW MANY ANIMALS DO YOU SEE?**

